

Program

*Schedule subject to change

Friday, Oct 24, 2014

5:00 - Registration

6:00 - Welcome Remarks

7:00 - Friday Keynote Address: Dr. Suzette
Brémault-Phillips

Wine and Cheese Reception to follow

Saturday, Oct 25th, 2014

8:00 - Rosary

8:30 - Mass with Rev. Fr. Andrew Szablewski, p.s.s.

Saturday Keynote: Dorothy & Frank Steffler

9:30 - Keynote Address 1: Dr. Dorothy Steffler

10:15 - Nutrition break

10:30 - Keynote Address 2: Frank Steffler

11:30 - Session with Jean Mackenzie

12:30 - Hosted lunch (bookstore open)

1:30 - Session with Eunice Peterson

2:30 - Nutrition break

2:45 - Session with Wayne Ottenbreit

3:45 - Roundtable discussion on Catholic issues
in mental health.

5:00 - CPAC AGM

What is CPAC?

The Catholic Psychotherapy Association of Canada was formed to unite mental health professionals to provide support, education, and formation in integrating the Catholic faith into their practices and professional activities.

Our goal is to provide regular opportunities for professional development and continuing education through conferences, teleconferencing, and workshops. We also aspire to provide networking capability to our members in order to learn, encourage, support, and pray with each other. CPAC works in conjunction with local dioceses, eparchies, and other Catholic organizations.

We provide networking, resources, and support with regard to legal and moral conscience issues for Catholic practitioners in Canada to the best of our abilities in both English and French. We also are working on creating a referral network that includes strict membership criteria and an ethics code for referrals to be made with confidence. Please consider joining us today.

www.catholichealingcanada.ca



Catholic Psychotherapy
Association of Canada



Strengthening the Family
Foundation through Faith
and Psychotherapy

Oct 24 - 25, 2014

Newman Theological College



Catholic Psychotherapy
Association of Canada

Our Theme:

The Catholic Psychotherapy Association of Canada is pleased to host some exceptional speakers for its 2014 fall conference on faith and the family. We are excited to bring you this conference and welcome you to join us in Edmonton this coming October, when we will study together topics on personal faith development in the context of the family. We also will have opportunities for communal prayer and fellowship during this day and a half event. Please join us Oct. 24-25 at Newman Theological College!

Keynote Speakers:



Dr. Suzette Brémault-Phillips

Dr. Suzette Brémault-Phillips is an Occupational Therapist and Assistant Professor at the University of Alberta who holds a PhD in Theology, Eastern Christian Studies. She is an experienced clinician, educator, and researcher in the areas of mental health, spirituality and health, human growth and transformation, community health service delivery, and inter-disciplinary studies.



Dr. Dorothy Steffler

Frank and Dorothy Steffler have been married for over forty years and spent a good many of those years actively seeking and nurturing their own relationship with God. Frank has studied scripture and theology for well over twenty-five years, and Dorothy, a professor of psychology at Concordia University College of Alberta, Edmonton, is currently engaged in research investigating the interface of psychology and religion. They have recently published *Nurturing Your Hidden Spirit: Straight Talk About Spiritual and Psychological Development*, a dynamic interplay between psychology and spirituality.



Frank Steffler

Frank received his Bachelor of Theology and accreditation in Pastoral Biblical Theology from Newman Theological College. Dorothy received her Ph.D. from the University of Alberta with a specialization in lifespan developmental science.

Speakers:



Wayne Ottenbreit

Wayne Ottenbreit is a guidance counsellor as well as a marriage and family therapist in private practice – this additional career after teaching for many years in the classroom. Although raised in Regina, SK, Wayne has lived in Calgary for his whole professional life. He and his wife, Jodean, spend most of their time living together with their nine daughters.



Eunice Peterson

Eunice Peterson has worked in the human service field since 1995 and has been a Registered Psychologist since 2002. Eunice completed a Bachelor of Science in Psychology through Liberty University and a Master of Arts in Counseling through Gonzaga University. Eunice believes the whole person (body, mind, and spirit) has an innate capacity towards healing, and, ideally, all three components should be addressed. Currently, she works in employee family assistance and in private practice.



Jean MacKenzie

Jean MacKenzie is a marriage and relationship counsellor and co-author of the marriage enrichment book, *To Know, Love, and Serve: A path to Marital Fulfillment*. A Canadian Certified Counsellor (CCC), she received her Master of Arts in Counselling from the Franciscan University of Steubenville. Jean has been in private practice since 2004, where, working in harmony with the Catholic faith, she supports couples in their efforts to have marriages that are pleasing to God and to each other.

Conference Topics

Dr. Suzette Brémault-Phillips: Family and the Spiritual Journey: A Vehicle for Fostering Life, Becoming, and Humanness

Dr. Dorothy Steffler: Nurturing Your Hidden Spirit, Session I: Psychology and Personal Faith Development

Frank Steffler: Nurturing Your Hidden Spirit, Session II: Catholic Men and Faith Development

Wayne Ottenbreit: Creatures of Habit: A Structure of Virtue in Relationships

Eunice Peterson: Integrating Trauma into a Family: Preventive and Reactive Strategies Considering Neurobiology and the Catholic Faith

Jean MacKenzie: Quality Design, Materials, and Workmanship: The Recipe for a Solid Marriage Foundation

Registration Form

Title: _____

Name: _____

Institution: _____

Position: _____

Address: _____

City: _____

Province/Territory/State: _____

Postal Code/Zip: _____

Country: _____

Contact Telephone: _____

Fax: _____

Email: _____

Special Requirements:
(Allergies/Mobility/Other)

Conference Registration Rate: \$125.00

Student: \$75.00

If you require assistance in obtaining accommodations in Edmonton, please contact CPAC at: eunice.peterson@me.com.

Please mail your form and registration fee to:

CPAC Conference

Attention Eunice

1018 - 23rd Ave NW

Calgary, AB

T2M 1T6

Please note: Form may be emailed to eunice.peterson@me.com