



Catholic Psychotherapy Association *of* Canada

Backgrounder: The Catholic Psychotherapy Association of Canada (CPAC)

What is CPAC?

The Catholic Psychotherapy Association of Canada (CPAC) is a national, non-profit organization based in Edmonton, Alberta. Membership is intended for Catholic professional counsellors, psychologists, social workers or other professionals involved or interested in mental health service delivery in Canada. CPAC also has provision for associate (non-voting) members who are not mental health professionals but who have an interest in and support the mission of CPAC.

What is the mission of CPAC?

The mission of the Catholic Psychotherapy Association of Canada is to support Catholic mental health professionals in Canada by promoting the development of psychological theory, research, and mental health practice that encompasses an understanding of the human person, family, and society which respects Catholic anthropology and the Magisterium of the Catholic Church.

Why was CPAC formed?

Over the past few years, a need has arisen for an organization that can speak for the values and interests that are held by Catholic professionals working in mental health as well as their clients. We have, as a result, come together to found an organization that will enable Catholic mental health professionals in Canada to network with each other and have a common voice that can speak to the kinds of issues that matter to our clients and to Catholics, in general.

In a world that is becoming increasingly secular, we feel that an organization dedicated to excellence in mental health service as well as respect for Catholic beliefs and values is very necessary. Through CPAC, we can discuss, consider, and speak to the ways in which Catholic individuals and families can be assisted through responsible practice that understands and embraces Catholic teachings.

Where can I learn more about CPAC?

Please visit our website at www.catholichealingcanada.ca for more about CPAC.

Contact:

Dr. Theresa Zolner, R. Psych.
Communications Officer
Catholic Psychotherapy Association of Canada
makariospcs@shaw.ca
(587) 920-5010

###