

**Sunday of Cheesefare: Sunday of Forgiveness; The Holy Martyr
Charalampius (193-211); Prochorus of the Kyivan Caves (1007) -
February 10.**

Text from "[The Divine Liturgy: An Anthology for Worship](#)"; Pg. 341 (Tone 4) & Pg. 614

Troparion (Tone 4): When the disciples of the Lord learned from the angel* the glorious news of the resurrection* and cast off the ancestral condemnation,* they proudly told the apostles:* "Death has been plundered!* Christ our God is risen,* granting to the world great mercy."

+Glory be to the Father and to the Son and to the Holy Spirit. Now and for ever and ever. Amen.

Kontakion (Tone 6): O Master, Guide to Wisdom,* Bestower of prudent counsel,* Instructor of the foolish and Defender of the poor ones,* make firm my heart and give it understanding.* Give me a word, O Word of the Father:* Behold, I shall not stop my lips from crying out to You:* In Your mercy, have mercy on me who am fallen.

Prokimenon (Tone 8): Pray and give praise to the Lord our God.* Pray and give praise to the Lord our God (Ps 75:12).

verse: In Judea God is known; His name is great in Israel (Ps 75:2).

Epistle (Romans 13:11-14:4): *Brethren*, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; let us live honourably as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. Welcome those who are weak in faith, but not for the purpose of quarrelling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgement on those who eat; for God has welcomed them. Who are you to pass judgement on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.

Alleluia (Tone 6): Alleluia, alleluia, alleluia!

verse: It is good to give praise to the Lord, and to sing to Your name, O most High (Ps 91:3).

verse: To announce Your mercy in the morning and Your truth every night (Ps 91:3).

Gospel: (Matthew 6:14-21): *The Lord said:* If you forgive others their trespasses, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your trespasses. ‘And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. ‘Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

Communion Verse: Praise the Lord from the heavens;* praise Him in the highest (Ps 148:1). Alleluia! (3x).